



# *Bonjour tristesse*

A novel by Françoise Sagan, 1954



**Online French Course**  
**July 5 to August 2 2023**  
**4 weeks / 5 classes on Zoom**  
**Live classes on Wednesdays**  
**at 7 pm in Paris | 1 pm (ET) | 12 pm (CT) | 10 am (PT)**



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## YOUR INSTRUCTOR

Bonjour ! I am **Anaïs Boulard**, founder of Dr.Anaïs, a service that provides online tailor-made French lessons and courses for adult learners. I live in Angers, France, where I teach French independently. I also work as a freelance pedagogy specialist for the famous language-learning app Duolingo.

I am a Fulbright alumna (2011) and I have a Ph.D. in Comparative Literature from the University of Angers, France (2016). I have been teaching French as a second language for ten years, including six years in the United States.

One of my favorite things to do in my courses is to **share the books and topics I am the most passionate about**, and I can't wait to start this course with you!



## COURSE DESCRIPTION

Time to get your sunscreen and your sunglasses! This **four-week summer course** takes you to the south of France to discover a significant work of French literature, the short novel *Bonjour Tristesse*, which was written by French author Françoise Sagan at the age of 18.

The novel tells the story of a **young woman, Cécile**, who spends the summer in the French Riviera with her father and his young mistress, Elsa. The three of them live **a carefree life** before the arrival of Anne, an elegant and intelligent woman who quickly disrupts their simple yet fragile balance.



*Bonjour Tristesse* is an interesting novel because of its story, with **its complex characters and disturbing turn of events**, but also because of the writing of Françoise Sagan. At only 18, while painting **the portrait of the post-war French youth and bourgeoisie society**, she masterfully conveyed the conflict between the desire for freedom and the weight of societal expectations experienced by young adults.

The book is rather short (around 150 pages), which will allow us to keep reasonable weekly reading goals, and to supplement our exploration with **other fascinating documents** on or around the novel. For example, towards the end of our course, we will be watching the cinematographic adaptation of the novel by Otto Preminger in 1958.

This course will rely on the participants' **reading and speaking skills** and will also offer additional opportunities for **listening and writing in French**.



*Jean Seberg in the adaptation of the novel by Otto Preminger*

## PRE-REQUIREMENTS

This course is ideal for **advanced French learners** (B2 to C2 level) who are looking to use their French outside of a traditional French language class.

The goal is **not to focus primarily on the correctness of your French**, but rather to use your French as a medium to learn about French literature and culture, and to share your thoughts with your peers. It will encourage you to go beyond the technicalities and difficulties of language learning to explore the best part of learning a language, which is **to exchange ideas and perspectives with others!**

## COURSE DELIVERY

This online course will be **both synchronous and asynchronous** :



### ASYNCHRONOUS

Every week, you will be given a reading goal and some material to go through to prepare for our meeting. You can cover the material at your own pace.



### SYNCHRONOUS

Once a week, the class will meet online to discuss the material. This will be the perfect occasion to speak in French! If you must miss a synchronous lesson, it's okay! Each lesson will be recorded and saved for the duration of the class.



## PROGRAM

Our course program may slightly change before the beginning of the class in July 2023. A definitive and complete program will be shared then.

Dates	Thèmes
5 juillet 2023 - Zoom	Introduction
<b>Semaine 1</b> du 5 au 12 juillet	Première partie
12 juillet 2023 - Zoom	Classe sur Zoom
<b>Semaine 2</b> du 13 au 19 juillet	Deuxième partie (Chapitres 1-7)
19 juillet 2023	Classe sur Zoom
<b>Semaine 3</b> du 20 au 26 juillet	Deuxième partie (Chapitres 8-12)
26 juillet 2023	Classe sur Zoom
<b>Semaine 4</b> du 27 juillet au 2 août	Interprétations et influences du roman
2 août 2023	Classe sur Zoom

## COURSE MATERIAL

A **digital booklet** with the course resources and structure will be sent to you a few days before the course begins. During the course, you will also receive **a link to watch the movie adaptation** of the novel by Otto Preminger (1958).

To follow the course, you will need **a copy of *Bonjour Tristesse***. Once your enrollment in the course is confirmed, you will receive a guide to help you find your copy.



## LEARNING OBJECTIVES

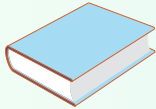
Our learning objectives for this course are to...



Discover a part of **French culture** through the lens of a novel written in the middle of the twentieth century



Improve your **speaking skills** by interacting weekly in French. You will also improve your listening, writing, and reading skills through the preparation work you will do in between classes.



Feel more comfortable with **reading authentic material** in French (as opposed to educational material)



Feel **more confident** about your overall capacity to communicate in French and to discover French culture on your own.



**Enjoy yourself** and feel **happy** about learning new things and exchanging ideas with new people. That is the most important part!

## COURSE POLICY | DISCLAIMER

- **Copyright:** All contents shared before, during, and after the course **are the intellectual property of Dr. Anaïs and should not be shared without our consent.**
- This course is **not affiliated with any institution** and will not count for any credit nor give you any type of certificate.
- There is **no evaluation** during or at the end of the course: enjoy yourself with no stress!
- Please feel comfortable letting me know if you have **a disability** and if I can make your experience in any way easier. I will adjust as much as possible to your needs!
- **Cancellation/ Refund:** If you have signed up for the class but want to cancel and be refunded, please contact me as soon as possible at [anaïs.boulard@gmail.com](mailto:anaïs.boulard@gmail.com).

No refund will be issued once the course started or if you have to miss one of the Zoom meetings or a portion of the class, but I will make sure that you can catch up on the material for the next class.

If you have any additional questions, contact me at [anaïs.boulard@gmail.com](mailto:anaïs.boulard@gmail.com).